

MARCH 2024 KO VARSITY PRACTICE SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 V – IN BY THE BELL Check-in with Coach	2
3	4 V – IN BY THE BELL Check-in with Coach	5 V – IN BY THE BELL Check-in with Coach	6 V – 6:30 Weightroom	7 V – 6:30 Swim	8 V – 6:30 Weightroom	9
10	11 SPRING BREAK NO SCHOOL	12	13	14	15	16
						
17	18 V – IN BY THE BELL Check-in with Coach	19 V – 6:30 Weightroom	20 Pre-Physicals EVERYONE Grades 9, 10 & 11 Bring glasses? PICTURES AFTER SCHOOL / POLO AND KAHKIS	21 V – 6:30 Weightroom	22 V – IN BY THE BELL Check-in with Coach BANQUET 6:00PM	23
24	25 V – IN BY THE BELL Check-in with Coach	26 V – 6:30 Swim	27 V – 6:30 Weightroom	28 V – 6:30 Swim	29 NO SCHOOL	30
31						