

## September 2023 JV SWIMMING PRACTICE SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2  Swim till 4:00 pm	3 Swim Meet KO Varsity <u>AND</u> JV vs College Park Varsity <u>AND</u> JV @ KOHS WU JV 4:15 pm MS 5:45 pm	4  Swim till bell	5  Swim till 4:00 pm	6  Swim till bell	7
8 October/Fall Break NO SCHOOL; AM Swim Practices	9 Combined Varsity and JV Practice 8:00-9:30 am	10 Combined Varsity and JV Practice 8:00-9:30 am	11 Combined Varsity and JV Practice 8:00-9:30 am	12 NO PRACTICE Enjoy the rest of break!	13 NO PRACTICE Enjoy the rest of break!	14 NO PRACTICE Enjoy the rest of break!
15	16  Swim till bell	17  Swim till bell	18  Swim till bell	19 Swim Meet KO JV vs Tomball JV @ KOHS WU 4:30 pm MS 5:45 pm	20  Swim till bell	21
22	23  Swim till 4:00 pm	24  Swim till 4:00 pm	25  Swim till bell	26  Swim till 4:00 pm	27  Swim till bell	28 Swim Meet Klein JV Invite @ Klein HS Depart KO 7:00 am WU TBA MS 9:00 am
29	30  Swim till 4:00 pm	31  Swim till 4:00 pm Happy Halloween!!	1 November  Drylands or weight room till bell	2 November  Swim till 4:00 pm	3 November  Drylands or weight room till bell	4

WU = warm up

MS = meet starts