

NOVEMBER 2022 KO SWIM & DIVE PRACTICE SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 V – 6:15 swim	2 V – 6:15 swim	3 V – 6:15 swim	4 V – 6:30 swim MEET WARMUP	5
6	7 V – 6:15 swim	8 V – 7:00 swim	9 V – 6:15 swim	10 V – 6:30 swim MEET WARMUP Duel in the Pool	11 V – 6:15 swim	12
13	14 V – 6:15 swim	15 V – 6:15 swim	16 V – 6:15 swim	17 V – 6:15 swim	18 TISCA MEET BUS 6:30am	19
20 THANKSGIVING BREAK	21 TBA	22 TBA	23 NO PRACTICE	24 NO PRACTICE	25 TBA	26
27	28 V – 6:15 swim	29 V – 6:30 swim MEET WARMUP Klein Collins	30 Tutoring day	31 V – 6:15 swim		