

OCTOBER 2025 KO JV PRACTICE SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6 JV GIRLS WEIGHT ROOM TILL THE BELL	7 JV BOYS WEIGHT ROOM TILL THE BELL	8 JV SWIM TILL THE BELL	9 MEET DAY STUDY HALL	10 JV SWIM TILL THE BELL	11
12	13 OCT. BREAK COMBINED PRACTICE 8:00am – 9:30	14 OCT. BREAK COMBINED PRACTICE 8:00am – 9:30	15 OCT. BREAK COMBINED PRACTICE 8:00am – 9:30	16 NO PRACTICE	17 NO PRACTICE	18
19 AFTER SCHOOL PRACTICE STARTS	20 JV SWIM TILL 3:45	21 JV SWIM TILL 3:45	22 JV WR TILL 3:45	23 JV WR TILL 3:45	24 JV SWIM TILL 3:45	25 MEET @ KHS TBD
26	27 JV SWIM TILL 3:45	28 MEET DAY STUDY HALL TILL THE BELL	29 JV WR TILL 3:45	30 JV WR TILL 3:45	31 JV SWIM TILL 3:45	