OCTOBER 2025 VARSITY SWIM PRACTICE SCHEDULE						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	September 29 Swim	September 30	October 1 Swim	2 Swim 6:15-7:15 am (meet warmup)	OCT 3	4
	6:15-7:15 am	Drylands/weights 6:30-7:15 am	6:15-7:15 am	Meet vs Magnolia & Magnolia West HS @ Oak WU Oak: 4:00-4:30 pm; WU Divers: 5:00-5:20 pm MS: 5:30 pm w/diving; swim starts 6:00 pm	Study hall be at school by the bell	
5	Swim 6:15-7:15 am *Vype Photo Shoot All Varsity Swim Athletes 5:00-5:30 pm main gym (wear team polo shirt)	7 Drylands/weights 6:30-7:15 am	8 Swim 6:15-7:15 am	Swim 6:15-7:15 am Meet vs Klein Cain and HYCA @ Oak WU: 4:00-4:30 pm MS: 5:45 pm	10 Study hall be at school by the bell	11
KISD OCTOBER BREAK	13 Combined Practice JV & Varsity 8:00-9:30 am	14 Combined Practice JV & Varsity 8:00-9:30 am	15 Combined Practice JV & Varsity 8:00-9:30 am	NO PRACTICE	NO PRACTICE	18
19	20 Swim 5:45-7:15 am	21 Drylands/weights 6:30-7:15 am	No practice/1 <sup>st</sup> period due to campus wide testing schedule for PSAT	23 Swim 5:45-7:15 am	24 Drylands/weights 6:30-7:15 am	25
26	27 Swim 5:45-7:15 am	Drylands/weights 6:30-7:15 am	29 Swim 5:45-7:15 am	30 Drylands/weights 6:30-7:15 am	Swim 6:15-7:15 am Halloween practice (come dressed in a costume you can swim in)!!	NOV 1