

NOVEMBER 2023 KO OAK PRACTICE SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 VARSITY SWIM 6:30AM START	2 VARSITY SWIM 6:45AM START MEET WARMUP	3 VARSITY IN BY THE BELL	4
5	6 VARSITY SWIM 6:00AM START	7 NO SCHOOL FOR STUDENTS TEACHER MEETINGS	8 VARSITY SWIM 6:30AM START	9 VARSITY SWIM 6:45AM START MEET WARMUP	10 VARSITY SWIM 6:30AM START	11
12	13 VARSITY SWIM 6:00AM START	14 VARSITY SWIM 6:30AM START	15 VARSITY SWIM 6:30AM START	16 VARSITY SWIM 6:30 AM LEAVING FOR TEXARKANA TISCA	17 TISCA TEXARKANA AM SESSION	18 TISCA TEXARKANA FINALS
19	20 NO SCHOOL VARSITY & JV 8:00 – 9:30	21 NO SCHOOL VARSITY & JV 8:00 – 9:30	22 NO SCHOOL VARSITY & JV 8:00 – 9:30	23 THANSIVING	24 NO PRACTICE	25
26	27 VARSITY SWIM 6:00AM START	28 VARSITY SWIM 6:45AM START MEET WARMUP SENIOR NIGHT	29 MAKEUP PRACTICE FOR A SELECT GROUP	30 VARSITY SWIM 6:00AM START	1 VARSITY SWIM 6:30AM START	