

AUGUST 2023 JV SWIMMING PRACTICE SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9 First day school! Meet @ pool for	10 All athletes meet in room 251 7 th period	11 All athletes meet in room 251 7 th period	12
13	14 All athletes meet in room 251 7 th period	15 All athletes meet in room 251 7 th period	16 All athletes meet in room 251 7 th period	17 <u>NEW athlete meeting room 251;</u> RETURNING athletes meet at pool 7 th period	18 <u>RETURNING athlete meeting room 251;</u> NEW athletes meet at pool 7 th period *All physicals and 4 online forms MUST be completed by this date!	19
20	21 Drylands/weights till bell	22 Drylands/weights till bell	23 Drylands/weights till bell	24 Drylands/weights till bell	25 Drylands/weights till bell	26
27	28 Drylands till bell	29 Swim till bell	30 Drylands till bell	31 Swim till bell	1 September Drylands till bell	