

March 2026 VARSITY SWIM PRACTICE SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 No 1 st Period/no practice due to alternate bell schedule for campus wide benchmark testing	3 Swim 6:45-7:45 am (1 st period end 8:40 am due to alternate bell schedule for campus wide benchmark testing)	4 No 1 st Period/no practice due to alternate bell schedule for campus wide benchmark testing	5 No 1 st Period/no practice due to alternate bell schedule for campus wide benchmark testing	6 Swim 6:45-7:45 am (1 st period end 8:40 am due to alternate bell schedule for campus wide benchmark testing)	7
8	9 Study hall be at school by the bell; check in w/ Coach G for attendance	10 Swim 6:15-7:15 am	11 Study hall be at school by the bell; check in w/ Coach G for attendance	12 Swim 6:15-7:15 am	13 Dryland/Weights 6:15-7:15 am	14
15 KISD Spring Break	16 Student/Staff Holiday No Practice	17 Student/Staff Holiday No Practice	18 Student/Staff Holiday No Practice	19 Student/Staff Holiday No Practice	20 Student/Staff Holiday No Practice	21 KISD Spring Break
22	23 All FR, SO, and JR pre-physical assessments with trainer during 1 st period (arrive by 7:00 am)	24 Swim 6:15-7:15 am	25 Drylands/Weights 6:15-7:15 am	26 Swim 6:15-7:15 am Houston Methodist Sports Physicals 2:30-6:30 pm	27 Team meeting 7:15-7:45 am at pool regarding banquet	28
29	30 Drylands/Weights 6:15-7:15 am	31 Swim 6:15-7:15 am	1 April Drylands/Weights 6:15-7:15 am Team Banquet 6:00 pm KMPC	2 April Study hall be at school by the bell; check in w/ Coach G for attendance	3 April Swim 6:15-7:15 am	